

“LET’S TALK ABOUT MENTAL HEALTH”

mental  
health



# MENTAL HEALTH & COUNSELLING

**Speaker: Soma Roy Karmakar**  
Development Professional, HIV, Gender-  
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**Organized by**  
**NSS UNIT, VIDYASAGAR METROPOLITAN COLLEGE**

**Date- 28.03.2024**

**Time-1.30 pm - 4 pm**

**Venue - Iswarchandra Sabha Kokkho**